

Application

Mail full payment postmarked by April 1st for our Early Bird Special, a \$25 discount. Complete payment is required for all discounts. Or mail a \$100 non-refundable deposit for the regular price. Make checks payable to East West Sports Camps.

East West Sports Camps
1094 Ott Lane
North Merrick, NY 11566

Circle Fee

Check Your Choice(s)

Commuter Resident

- | | | |
|---|-------|-------|
| <input type="checkbox"/> Houston (June 19 - 22) | \$325 | \$425 |
| <input type="checkbox"/> Cleveland (June 26 - 29) | \$325 | \$425 |
| <input type="checkbox"/> Portland (July 20 - 24) | \$345 | \$445 |
| <input type="checkbox"/> Santa Barbara (July 26 - 29) | \$325 | \$425 |
| <input type="checkbox"/> Seattle (Aug 7 - 10) | \$325 | \$425 |
| <input type="checkbox"/> Amherst (Aug 14 - 17) | \$325 | \$425 |
| <input type="checkbox"/> Tempe (Dec 27 - 30) | \$325 | N/A |

- Early Bird Special - \$25 discount. Must be completely paid and postmarked by April 1st. -or-
 Group Discount - Deduct \$25 for each camper in groups of six or more. The first 6 applications must be mailed together and completely paid. -or-
 Second Camp(er) Discount - Deduct \$25 for siblings or from your second camp. Send complete payment.

Name: _____

Address: _____

City, ST _____ Zip: _____

Phone: (_____) _____

E-Mail: _____@_____

Age: _____ H.S. Grad Yr: _____

Parent E-Mail: _____@_____

School: _____

Coach: _____

Coach's Phone: (_____) _____

Coach's E-Mail: _____@_____

Roommate: _____

Circle Highest Year of Experience: Beginner

Junior H.S. 1 2 3 H.S. Varsity Player 1 2 3

H.S. J.V. 1 2 3 H.S. Varsity Starter 1 2 3

Position: GK Defense Midfield Attack

Parent or Guardian Release

I hereby authorize the staff of East West Sports Camps, Inc. to act for me/my child to their best judgement in any emergency requiring medical attention. I hereby waive and release the camp from any and all liability for injuries or illnesses incurred at camp.

Signature Parent/Guardian _____

Date _____

Adopt or copy

cut or copy



East West Sports Camps, Inc.
1094 Ott Lane
North Merrick, NY 11566

Forwarding Service Requested

Register On-Line. It's Easy!
EASTWESTSPORTSCAMPS.COM

EAST WEST SPORTS CAMPS

STRIVE TO BE YOUR BEST!

"Camp was great. Everyone was so happy with what they learned. You always get the best coaches." Becca Snapp Vero Beach H.S.

FOR AGES 10 & UP!

WHAT A STAFF!

Paul Ramsey
Hofstra

Theresa Ingram
Brown

Kinsley O'Garrow
Denver

Krystin Porcella
Loyola

Susan Stuart
Colorado College

Amy Umbach
George Mason

"Many of my players have been to top summer camps but said they learned more with you in two days than they learned in a week at some other camps." -- Wendy Gallapoo, Upper Arlington High School.

GIRL'S LACROSSE LOCATIONS

AMHERST
PORTLAND

CLEVELAND
SANTA BARBARA

HOUSTON
SEATTLE TEMPE

EAST WEST SPORTS CAMPS 2003

University of Houston
Houston, Texas

June 19th - 22nd

The Andrews School
Cleveland, Ohio

June 26th - 29th

Reed College
Portland, Oregon

July 20th - 24th

UC Santa Barbara
Santa Barbara, California

July 26th - 29th

University of Washington
Seattle, Washington

August 7th - 10th

University of Massachusetts
Amherst, Massachusetts

August 14th - 17th

Arizona State University
Tempe, Arizona

December 27th - 30th

Staffs to Include Some of the Following Coaches

Director: Paul Ramsey (Hofstra). Assistant Directors: Theresa Ingram (Brown), Amy Umbach (George Mason). Coaches: Bonnie Conklin (former James Madison assistant), Karen Healy (UMass), Debra Holland (St. Mary's - CA), Kendra King (Towson), Tegan Leonard (UMass), Chris Mastro (Virginia Tech), Megan McGonagle (Marist), Jen Nardi (St. Mary's - CA), Mary Beth Noel (UC Berkeley), Kinsley O'Garrow (Denver), Krystin Porcella (Loyola College), Megan Riley (Vanderbilt), Liz Robertshaw (Brown), Mike Scerbo (Ohio State), Liz Schaffner (George Mason), Susan Stuart (Colorado College) and Aimee Vaughan (Delaware).

"I have heard only glowing remarks from my players about the experience they had at your camp. I've been coaching for 16 years and have been a clinician at various camps and can say that this was the most talented group of coaches that I have ever seen. It

was great being there with my team so that I could learn what they were learning, which will enable me to reinforce what was taught."

Wendy Gallapoo
Upper Arlington H.S.
Ohio State Champs

General Information

The following information will be e-mailed to the camper once we receive an application.

- Confirmation letter.
- Invoice or receipt.
- Check-in & arrival information.
- Daily schedule.
- Driving directions.
- Packing list.

Accommodations & Meals

Resident campers will stay in campus residence halls. The buildings are safe and well supervised. Health conscious meals will keep campers fueled all day. Commuters are provided lunch and dinner. Meals start with dinner on the first day and end with breakfast on the last day. (The last session on the last day ends at 11:30am to allow for travel home.)

Facilities

We are pleased to be able to use facilities at University of Houston, The Andrews School, Reed College, UC Santa Barbara, University of Washington, University of Massachusetts and Arizona State for our camp locations. The schools have fine facilities. We enjoy the use of superb athletic fields and residence halls. The schools are not responsible for operation of the camps. Please call us with questions.

Medical Care / Insurance

We provide sports medicine trainers for coverage during our camps. All campers are provided with secondary medical insurance in case of serious injury. Coverage is in addition to primary insurance you may have.

How To Reach Us

(888) 300-8151 Toll Free
(516) 505-8445 Phone / FAX
admin@eastwestsportscamps.com (e-mail)
EASTWESTSPORTSCAMPS.COM (website)



Dodging in Houston, Texas. Being willing & able to go 1 v. 1 in lacrosse is the basis of most offense. If you can break down individual defense with good dodging you force opponents to slide and play team defense. Once you force the slides you can reverse the ball to feed it to the open player to create layups. Sound like basketball? Sure does. Come to an East West camp and learn more.

EAST WEST GOALIE SCHOOL

Susan Stuart and Jen Nardi head up our goalie school. "Stuey" is the head coach at Colorado College and a former William Smith All-American. Jen is the assistant coach at St. Mary's College in California and a former UMass All-American. Top notch goal keeping instruction from the best is a highlight at our camps for the fourth year. Use our regular enrollment form to sign up for a goalie school and bring your gear!